

## Spiritual Workout

- 1) The Work of Salvation begins and ends with God and God alone

## John 10:27-29

“My sheep hear My voice, and I know them, and they follow Me; and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father’s hand.”

## Jude 24-25

“Now to Him who is able to keep you from stumbling, and to make you stand in the presence of His glory blameless with great joy, to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion and authority, before all time and now and forever.”

## Spiritual Workout

- 1) The Work of Salvation begins and ends with God and God alone
- 2) The Work of Sanctification involves both regenerate man and a righteous God

## Ephesians 2:8-9

“For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast.”

## Ephesians 2:10

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.”

## Hebrews 4:11-13

“Therefore let us be diligent to enter that rest, so that no one will fall, through following the same example of disobedience. For the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart. And there is no creature hidden from His sight, but all things are open and laid bare to the eyes of Him with whom we have to do.”